

**Unit 2 Lessons 13–15**

**a. Unscramble the words and write the recommendations.**

1. I / you / wouldn't / eat / chocolate / if / were / I

If I were you, I wouldn't eat chocolate. \_\_\_\_\_

2. if / I / you / I / exercise / more / would / were / do

\_\_\_\_\_

3. would / if / I / you / orange / were / drink / I / juice

\_\_\_\_\_

4. if / I / late / so / were / you / bed / to / wouldn't / go / I

\_\_\_\_\_

5. I / if / smoke / wouldn't / were / I / you

\_\_\_\_\_

**b. Match the health problems to the correct recommendations.**

1. I can't sleep at night.                    \_\_\_ Try doing crossword and sudoku puzzles.

2. I can't concentrate.                    \_\_\_ If I were you, I would do more exercise.

3. I have a greasy hair.                    \_\_\_ You shouldn't use conditioner.

4. I have acne.                                \_\_\_ Try not to touch your pimples.

5. I want to lose weight.                    \_\_\_ If I were you, I would drink a glass of warm milk before I go to bed.

**c. Read the e-mail and write advice for Dan.**

To: \_\_\_\_\_  
Subject: \_\_\_\_\_

Dear Teen Advisor,  
I am worried about my grades at school. I feel tired, and I can't concentrate. I don't sleep well at night. In the evening, I just watch TV and I eat pizza. I also have bad acne. Please help me.

Desperate Dan

To: \_\_\_\_\_  
Subject: \_\_\_\_\_

Dear Dan,

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_